

*Leading Self & Others  
Motivation & Leadership*

*Welcome Day*



All Leadership learning is recognised and endorsed  
by the Institute of Leadership Management (ILM)



## Table of Contents

Dates For Your Diary & Programme Description	3
Resources –	
Delete	4
Generalise	5
Distortion	6
Task for the Welcome Day	7

## **Dates For Your Diary 2017**

Inner Game Leadership training dates for members – Location at University of Cambridge Hughes Hall College, Wollaston Rd, Cambridge. CB1 2EW

**All dates below are on Thursday from 1.45pm to 5.30pm**

**All are in the Pavilion Room except for the 28<sup>th</sup> September – in the Pfeiffer Room.**

Future Dates for your Diary:

Jan 26th

Feb 23rd

March 30th

April 27th

May 25th

June 29th

July 27th

Aug 31st

Sept 28th Pfeiffer room.

Oct 26th

Nov 30th

Dec 14th

## Resources – Example of Deletion

Look at the four lines below and within 30 seconds count how many F's you can see.

FINISHED FILES ARE THE RE-  
SULT OF YEARS OF SCIENTIF-  
IC STUDY COMBINED WITH THE  
EXPERIENCE OF MANY YEARS.

F's =

## Resources – Example of Generalization

Read the message below and see how much you can understand even though some symbols have been exchanged for numbers.

TH15 M3554G3  
53RV35 TO PROV3 HOW 0UR MIND5  
C4N D0 4M4ZING THING5!  
IMPR3551V3 THING5! 1N TH3  
B3G1NNING IT WA5 H4RD BUT NOW  
ON THH15 LIN3 YOUR M1ND IS R34DING 1T  
4UTOM4T1C4LLY W1TH 0OUT 3V3N  
TH1NK1NG4B0UT 1T, B3 PR0UD!  
ONLY C3RT4IN P30PLE  
C4N R34D TH1S.

### **Resources – Example of Distortion**

Read the message below and then write adding the spaces between each word you see to decipher what the message is. This is an example of where your mind set is today.

**OPPORTUNITYISNOWHERE**

## Welcome Day: The Reflection Diary



### Welcome day module's leadership task:

#### The Reflection Diary

Every Friday afternoon take 10 minutes to reflect on your week

- 1 Name 3 things that have worked well for you this week?
- 2 If you have had a challenge, how have you solved it?  
Explain your solution.
2. Who have you motivated this week and how?

What is important about your work right now?



	Hot Buttons	Opportunities for Manager	Opportunities for Self
<b>Searcher</b>	Meaning & Make a Difference	Praise & Regular Feedback	Demand Quality Feedback
<b>Spirit</b>	Freedom & Independence	Autonomy & Empowerment	Renew your vision
<b>Creator</b>	Innovation & Change	Rewards for innovation	Problem solve through innovation
<b>Expert</b>	Expertise & Mastery	Training & Development	Seek training & learning
<b>Builder</b>	Money & Material Satisfaction	£££'s & Material Perks	Re-set your goals
<b>Director</b>	Power & Influence	Responsibility & Influence	Request more responsibility
<b>Star</b>	Recognition & Respect	Awards & Status	Work on visibility
<b>Friend</b>	Belonging & Friendship	Support & Involvement	Be a friend
<b>Defender</b>	Security & Predictability	Communications & Continuity	Seek clarification

